

Eagle Thoughts

“GOD-Esteem eliminates Low Self-Esteem!”

By Rhonda A. White, CNHP

The word *Esteem*, in Webster’s dictionary, is described as: to high regard with respect, to prize or consider.

My friends, I must share with you the secret to removing Low Self-Esteem from your spirit once and for all. You must begin to develop High “*GOD-Esteem*,” which will eliminate your low Self-Esteem! If you begin to depend on your All powerful and mighty Father God, you will always realize how He holds you in high regard and calls you His Special Treasure! Low Self-Esteem makes you feel dead, unwanted, unproductive, unappreciated, lonely, unloved and depressed. On the other hand, “*GOD-Esteem*” keeps you focused on the Awesome Power of God, life more abundantly, blessings, strength for your trials, and makes you recognize how great He made you in His image.

Never sell yourself short to you or others for you are very valuable – You are the very BREATH of God! In fact, you are 100K Gold! One of the Inspirational Eagle Plaques God inspired me to write is titled: **“You are 100K Gold”**: (www.RhondaWhite.com)

“You are beautifully and wonderfully made – oh yes so Priceless! Your Royalty shines through like Gold because of Your Rich Love and Character. So, never forget how Valuable You are; for You are God’s Greatest Miracle – yes His very own Special Treasure. Just in case You’ve never been Told, you are Not an ordinary 10K, 14K, 18K or 24K gold person, but you are uniquely 100K Gold!”

If you don’t value yourself, who will? Be careful not to give up your body or dress provocatively to get the wrong attention because low self-esteem is causing you to feel desperate! I truly feel that many people are dating and even getting married when they really don’t love themselves, know who they are or how special they are! My friends, you can’t love your neighbor as yourself if you don’t love yourself. Refuse to operate in a spirit of Desperation! Don’t be desperate! Be Determined to reach your full potential and be all God destined you to be!

Become whole and happy with You, and then you will have a more rewarding Relation-SHIP with someone else. A person, job or more money cannot make you feel valuable or complete, but they can only Add to what you already have within! From experience, until you become WHOLE and happy with you, you will continue to attract people who are not whole or secure just like you. Begin to write down Your strengths and stop being envious of others. Spend time with God and yourself to really enjoy YOU. Take yourself out to eat and to a movie. Love YOU because you are all you have! The Good Book does not say Love your wife, husband, family, kids, pastor, friends, job, business, or anything with All your heart, mind, body, soul and strength, but it says Love the Lord thy God with all your heart, mind, body soul and strength! When you put others in His place, you will always get disappointed and find out He is a jealous God and He may remove them out of your life! NEVER love or hold anyone higher than God, including yourself. You will be disappointed every time. Lack of respect and love for yourself are two main reasons for Low Self-Esteem. Love and respect God first, yourself and then others!

Eliminate Low Self-Esteem forever and “Lift UP your heads oh ye gates, and be ye lifted up ye everlasting doors; and the King of Glory shall come in. Who is this King of Glory, the Lord Strong and Mighty, the Lord Mighty in Battle. He is the King of Glory!” (Ps. 24) Remember that the Sky is Not the Limit for you because You are Unlimited and you have no reason at all to be low. You are a Royal Priesthood! Always keep God first, you second and then others and I guarantee you will never have low self-esteem again. Keep your eyes on Him as your example of greatness and remember you were created in His Image!

Let Him restore your HOPE in Him, fill your Holes and make you WHOLE! Remember, Purity pays Plenty, so live Holy and God will make you WHOLE – I’m a witness! When you spend time with Daddy God, your Divine Creativity will flow like rivers of living water. Prayer, the Word, Positive Books and Creativity saved my life from the Demons of Loneliness and Desperation! It’s Time for you, Queens and Kings, to be POWERFUL and not pathetic. Take on an Eagle mentality and not a chicken or low pigeon mentality; it’s time you Leap and Discover your Wings - Soar2More!

Dare2Declare daily:

“I must change my mental thinking in order to change my circumstances. I am a rare and unique 100K Gold person, so I must act and dress like it everyday. I no longer have low self-esteem, but High GOD-Esteem from this day forward so it is!”

Read this EAGLE BOOK:

The Greatest Miracle in the World by Og Mandino (a must read for everyone)

Remember! You can and will make it - so enjoy this gift called Life. Begin to Create and Celebrate while you Wait!

Rhonda

©2005 Rhonda A. White ~Rhonda is the TV Show Host of “*Soaring Eagles with Rhonda White*,” and is referred to as a Master Catapult who has assisted many in Uncovering, Discovering and Launching their “*Giant of Potential*” within. She is the Author of *Clean the Clutter*, *Before Tell Your Mother*, and is one of the most sought-after Speakers in the areas of Self-Development, Relation-SHIPS, Consciousness changing, Motivation, Discovering Your Passion/Purpose, Office Morale and in Health/Wholeness. Her unique style and methods are guaranteed to improve your professional, business and personal life, to help you Soar to Heights Unknown! Visit www.RhondaWhite.com.